

It's



*Travel Time
For Family*



SKIING BASIC AND ADVANCED COURSE

**7 DAYS
6 NIGHTS**

OBJECTIVES

- Snow exposure in the Himalayas
- To learn basic skiing techniques
- Practise skiing on snow slopes
- To discover our strength and team spirit



PROGRAM OVERVIEW

27 Jan - Flight CBE - CDG / Transfer to AC Volvo bus in Delhi
 28 Jan - Arrive in Manali / program starts
 02 Feb - Last Day in Manali / Board AC Volvo bus to CDG
 03 Feb - Arrive in CDG / Refresh / Transfer to Airport / Flight to CBE



ACTIVITY BRIEF

1. Basics of skiing
 - Theory and Practise
 - Advance techniques for higher level participants
2. Trekking on snow
3. Fun games on snow
 - Igloo making
 - Snow fight
 - Glissading

Who can participate?

Ages : Students – 12 years and above
 We invite parents also to enroll for the expedition with or without their wards

What are the Benefits?

- Acquiring a high skill - **SKIING**
- Enormous benefits to neuro muscular coordination / strength
- Snow is exciting and fun
- Improved attitudes to fitness and health
- Self confidence and Self esteem will jump high
- Adaptability and Humility

PROPOSED DATE

27 Jan 2019 to 03 Feb 2019

COST OF THE PROGRAM

Rs. 75,000 plus or minus 5%

Cost Includes:

- AC Volvo Bus → CDG - Manali - CDG
- Veg meals during the program
- Accommodation in hotel, shared
- Porters / Permits / Expert guides with safety equipment
- Flight CBE - CDG - CBE
- Transfers in CDG (both ways)
- Service Taxes